

International student guide

Congratulations! You have received your admission letter!

International students, welcome to the University of French Polynesia.

Welcome

Maeva e la Ora na !

Before you leave home, do not forget:

- 1) If you are a non-European citizen, get a student visa for the duration of your stay in Tahiti (it can be obtained in a French consulate, using your admission letter).
- 2) If you are a European citizen, make sure you have a valid passport
- 3) Get international insurance (health and civil liability) for the duration of your stay. We will ask for an insurance certificate.
- 4) Sign up for accommodation in the International Residence of the University. Two bedrooms are accessible for people with reduced mobility.
- 5) Remember to ask for a “student buddy”! Our members of the Buddy Program are happy to help you feel at home.

When you arrive in Tahiti:

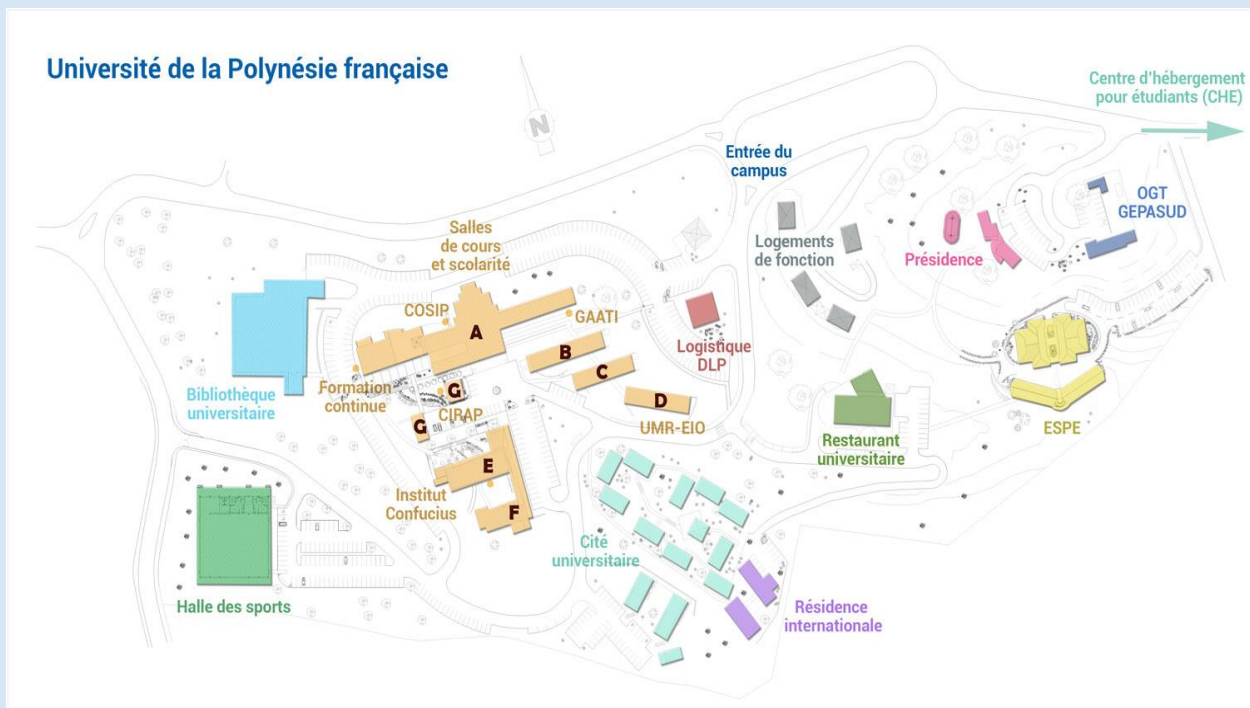
We take care of everything!

A taxi will pick you up at the airport (depending on your arrival time, you may be accompanied by a member of the international relations department), and take you straight to your lodging. There, you will find some small gifts, the UPF student guide, a Tahitian SIM card, your internet access codes and a packed lunch.

Then, you should come and meet us! Come to our office (indicated on the map), you will receive your student card and meet up with your student buddy for a visit of the campus.

You will also be invited to our welcome breakfast and all the activities we organized for you to discover Tahiti.

Campus Map



Take part in the campus life

Sports?

Join the ASCUP!

The Sports and Cultural Association of the University of Polynesia organizes all sorts of activities – from surfing to basic first aid training – to keep you moving !

Facebook : <https://www.facebook.com/ASCUP.PF>



Protection of the environment?

Become an “éco-délégué”

The university offers you the possibility of acting for the protection of the environment through various missions and projects.

<https://www.upf.pf/fr/actualites/deviens-eco-delegue>

Living in Tahiti

Finances:

For a semester-long stay, you do not necessarily need to open a bank account in Tahiti, but you have to make sure you have an international credit card (one that will work in French Polynesia).

The Tahitian currency is the Franc Pacific (CFP), keep in mind that the cost of living is high.

Transportation:

Bus:

Monday to Saturday: every 15 minutes between 5:15a.m and 6:30p.m.

There is a bus stop near the entrance of the University.

<http://www.upf.pf/fr/se-deplacer>

Taxis:

- Ruth, taxi 2 Vans mercedes de 8 places Tel: (+689) 87 74 75 69
 - Taxi Yoshi CHISAKA WIND Tel: (+689) 87 72 80 30
- Email: wind@mail.pf
- Taxi Tehina Tel: (+689) 89 35 47 78
 - Taxi pension de la plage Tel : (+689) 89 77 72 59

Food:

On campus:

University canteen, open from 6:30a.m to 1:30p.m.

Campus cafeteria, open from 6:45a.m to 5p.m.

<https://web.upf.pf/fr/content/se-restaurer>

Off campus:

Supermarket: Carrefour Punaauia

Restaurants: A number of restaurants are available in and around the Marina Taina

Health:

The University of French Polynesia offers the possibility to have free medical appointments within the University's medical center.

Medical center & infirmary

Building E

Infirmary: Tuesdays and Thursdays between 8 and 12a.m.

Medical center: Wednesdays and Thursdays between 1 and 3:30p.m, by appointment only.

medical@upf.pf - 40 803 957

Contacts

International relations: 40 80 39 31 relations-internationales@upf.pf

University library: 40 86 64 00

Medical center: 40 80 39 57

Student residence: 40 88 92 16 - 40 88 92 55

Emergency numbers:

Campus security: 87 70 73 57 - 40 80 38 94

Fire department: 18

Ambulance: 15

Police: 17